		nge the program at any	time		
		Organizer or jury can change the program at anytime			
Changes will be published and/or announced					
warm-up					
ifications One Lap					
One Lap Qualification	Cadet Ladies	One Lap	16 best times		
One Lap Qualification	Cadet Men	One Lap	8 best times		
·	Youth Ladies	One Lap	16 best times		
<u> </u>	Youth Men	One Lap	16 best times		
·	Junior Ladies	One Lap	16 best times		
·	Junior Men	One Lap	16 best times		
·	Senior Ladies	One Lap	16 best times		
1	Senior Men	One Lap	20 best times		
One Lap 1/4-Final	Cadet Ladies	One Lap	Number 1 and 2		
	Youth Ladies	One Lap	Number 1 and 2		
<u> </u>	Youth Men	One Lap	Number 1 and 2		
One Lap 1/4-Final	Junior Ladies	One Lap	Number 1 and 2		
One Lap 1/4-Final	Junior Men	One Lap	Number 1 and 2		
One Lap 1/4-Final	Senior Ladies	One Lap	Number 1 and 2		
	Senior Men	One Lap	Number 1 and 2		
/2-Finals					
One Lap 1/2-Final	Cadet Ladies	One Lap	Number 1 and 2		
One Lap 1/2-Final	Cadet Men	One Lap	Number 1 and 2		
One Lap 1/2-Final	Youth Ladies	One Lap	Number 1 and 2		
One Lap 1/2-Final	Youth Men	One Lap	Number 1 and 2		
One Lap 1/2-Final	Junior Ladies	One Lap	Number 1 and 2		
One Lap 1/2-Final	Junior Men	One Lap	Number 1 and 2		
One Lap 1/2-Final	Senior Ladies	One Lap	Number 1 and 2		
One Lap 1/2-Final	Senior Men	One Lap	Number 1 and 2		
One Lap Final	Cadet Ladies	One Lap			
One Lap Final	Cadet Men	One Lap			
One Lap Final	Youth Ladies	One Lap			
One Lap Final	Youth Men	One Lap			
One Lap Final	Junior Ladies	One Lap			
One Lap Final	Junior Men	One Lap			
One Lap Final	Senior Ladies	One Lap			
One Lap Final	Senior Men	One Lap			
n					
Elimination	Cadet Ladies	5000m*			
Elimination	Cadet Men	5000m*			
Elimination	Youth Ladies	8000m*			
Elimination	Youth Men	8000m*			
Elimination	Junior Ladies	15000m*			
Elimination	Junior Men	15000m*			
Elimination	Senior Ladies	15000m*			
Elimination	Senior Men	15000m*			
	One Lap Qualification  //4- Finals One Lap 1/4-Final One Lap 1/2-Final One Lap Final	One Lap Qualification Cadet Ladies One Lap Qualification Youth Ladies One Lap Qualification Youth Men One Lap Qualification Junior Ladies One Lap Qualification Junior Men One Lap Qualification Junior Men One Lap Qualification Senior Men One Lap Qualification Senior Men  /4- Finals One Lap 1/4-Final Cadet Ladies One Lap 1/4-Final Youth Ladies One Lap 1/4-Final Youth Men One Lap 1/4-Final Junior Ladies One Lap 1/4-Final Junior Men One Lap 1/4-Final Senior Ladies One Lap 1/4-Final Senior Ladies One Lap 1/4-Final Senior Men  /2-Finals One Lap 1/2-Final Cadet Men One Lap 1/2-Final Cadet Men One Lap 1/2-Final Youth Ladies One Lap 1/2-Final Youth Men One Lap 1/2-Final Junior Ladies One Lap 1/2-Final Senior Ladies One Lap 1/2-Final Senior Ladies One Lap 1/2-Final Senior Men  One Lap 1/2-Final Senior Ladies One Lap 1/2-Final Senior Ladies One Lap 1/2-Final Senior Ladies One Lap Final Cadet Men One Lap Final Cadet Men One Lap Final Senior Ladies Elimination Senior Ladies Elimination Junior Men Elimination Senior Ladies Elimination Senior Ladies Elimination Senior Ladies Elimination Senior Ladies	One Lap Qualification One Lap J/4-Final One Lap J/2-Final One Lap One Lap One Lap Inal One Lap Final One L		

<sup>\*</sup>can change depending on the number of skaters participating